



FIVE WEEK SESSION AFTER SCHOOL YOUTH FENCING!

What kid hasn't wanted to be a swash buckling pirate, dueling musketeer, or Jedi knight? Fencing captures the imagination of boys and girls alike and offers a fun way to be physically active. Activities and games are used to teach the fundamental footwork and blade work and improve fitness, agility and hand-eye coordination. Kids enjoy the challenge and strategy necessary to score a touch while parents praise the discipline and time-honored tradition of sportsmanship. If other sports are leaving you bored, come get En Garde with staff from the Rochester Fencing Club, owned by Olympians, Iris and Felicia Zimmermann. Four fall/winter sessions offered. Start dates: Sept. 27, Nov. 8, Jan, 10 and Feb. 28. Sneakers & water bottle required.



**Grades 2-6
Thursdays from
2:35-3:35 PM**

Nov. 8-Dec. 13

**All equipment
provided (mask, foil,
glove, chest plate, &
jacket) Cost \$74**

**Class size is limited
Turn in reg. form &
payment to Karen
Johnson, main office
Deadline Oct. 29
Make checks
payable to Seton**

ROCHESTER FENCING CLUB

3335 Brighton Henrietta
Town Line Road,
Rochester, NY 14623

www.rocfencing.com

Classes held at Seton