

Seton Approved Peanut Free Snack List 21/22

In order to ensure the safety of every student a peanut free snack list has been developed and reviewed by health professionals. This list should be used when parents provide food items for celebrations or snacks to share with class. Also, homemade treats are no longer allowed to be shared due to the continued threat of COVID-19 to our unvaccinated students.

Treats brought to school that are not on this list will be refused or sent home uneaten with the child at the end of the day. Due to the continued threat of COVID-19 to our unvaccinated students all treats to be shared must also be individually wrapped.

Fresh Fruits/ Vegetables in individual packets	Raisons/Cranraisons		
Fruit/Applesauce cups	String Cheese		
Fig Newton's			
Fruit Rollups, Fruit by the Foot, Gushers	Sunkist Fruit Snacks		
Oreos Bite-Size			
Nabisco Vanilla Wafers	Rice Krispy treats (original only)		
Animal Crackers	Goldfish	Cheezits	Rold Gold Pretzels
Any flavor Pringles	Fritos	Doritos	Ruffles

Popcorn – some types are popped in soy or peanut oil, which can cause a reaction. Please read labels!

Trinkets instead of food items are preferred. Please keep candy to a minimum.

Candy Suggested:

Tootsie Rolls	Lifesavers	Dots	Starbursts
Skittles	Smarties	Ring Pops	Laffy Taffy