

Dear Parents,

We hope this information helps to simplify the school policies on when to keep students home due to illness, COVID, or travel. The policies are given to the school by NYSDOH, MCDOH and NYSED

Whether or Not to Keep Your Student Home ?

If any of the following symptoms are met, please keep your child home.

1. Fever greater than 100.0 or a fever that requires active control with Tylenol or Motrin to keep it down to normal.
2. Child is too sleepy or ill to be able to actively participate in class.
3. Significant cough that makes the child uncomfortable or will disrupt the classroom. The staff is unable to give cough medication or cold medication in school.
4. Sore throat that is severe accompanied with fever, extreme fatigue, or diagnosis of strep.
5. Strep throat must be medicated with antibiotic for 24 hours or 2 doses before being able to return to school.
6. Red and runny eyes with discharge unless cleared by physician or physician has diagnosed it as symptoms related to allergies.
8. Severe ear pain or drainage from the ear.
9. Vomiting within the last 24 hours or the morning of that school day especially if accompanied by fever.

When Does My Child Need a COVID test to return to school?

1. If student has any of the symptoms listed by CDC as possible **Symptoms of COVID19**, the student is required to have a negative COVID test or a Doctor's alternative diagnosis to return to school. EVEN if no known exposure has occurred.
2. It is still recommended by the CDC if unvaccinated person travels domestically a COVID test should be obtained 3-5 days after return even if there is no known exposure or no symptoms. Along with 7 day quarantine.

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html#unvaccinated-people>

3. If the student is out for more than two days and is a known unexcused absence.

(Home test kits are NOT acceptable for return to school per the Finger Lakes Reopening Schools Safely Task Force)

When Does my Child NOT need a COVID test to return to school?

1. In the morning before coming to school and they complain of “tummy ache”, headache, or just doesn’t feel good. BUT has NO fever, they may return to school the next day without a test.
2. If the absence is due to symptoms of a known Doctor’s diagnosis for example: migraines, asthma, IBS, Seasonal Allergies or exposure to known allergen- no COVID test is needed.

Symptoms of COVID

- Loss of Taste or Smell
- Sore throat
- Headache
- Myalgia
- Fatigue
- Shortness of Breath
- Nasal Congestion
- Nausea, Vomiting or Diarrhea

Anne Weber-Marks RN

Seton Catholic School

"Let the little children come unto Me"

said Jesus, " kingdom of heaven is theirs"